

Breakfast

Hot sandwiches served on a white bread cake or brown bread.

Egg	£1.60	Veggie Sausage	£1.90
Bacon	£1.90	Extra Egg	£1.00
Sausage	£1.90	Extra Bacon	£1.00
Bacon & Sausage	£2.90	Extra Sausage	£1.00
Bacon & Egg	£2.65	Baked Beans	£0.40
Sausage & Egg	£2.65	Tin Tomato	£0.40
Bacon, Sausage & Egg	£3.65	Mushrooms	£0.40
		'On toast' add	£0.40

Stuff we toast with real butter

Bagel	£1.40	Jam	£0.40
Teacake	£1.30	Marmalade	£0.40
Crumpets (2)	£1.30	Peanut Butter	0.40
Toast (2)	£1.30	Marmite	£0.40

Toasted Panini

We make our panini everyday and put them in the chiller. Just choose the one you want and bring it to the counter for us to toast.

Cheese & Marmite	£2.00
Cheese & Tomato	£2.20
Brie, Cranberry & Pinenuts	£2.90
Mozzarella, Tomato & Basil	£2.90
Tuna Melt	£2.90
Cheese & Ham	£2.90
Hot Doggy Dogg	£2.90
Spicy Sausage	£2.90
Sweet Chilli Chicken	£3.20
Jalapeno Chicken	£3.20

Baked Potatoes

Slow baked in the oven with a touch of olive oil, our potatoes are the business and we only use real butter.

Baked Potato	£2.50
Fillings (beans, cheese, tuna, coleslaw etc)	£0.45

Sandwiches, Wraps, Soda Breads and Subs

No factory produced stuff, all our sandwiches are made freshly on-site then put in our chillers so you can grab & go.

We mix it up daily but you'll always find a great selection from..

Non-Vegetarian, from £2.75

- BLT
- Cajun Chicken
- Chicken & Chorizo
- Thai Chicken
- Chicken Ceasar
- Chicken & Bacon Club
- Pastrami Deli
- Brie & Bacon
- Ham, Slaw & Jalapeno
- Ham Salad
- Chicken Salad
- Turkey & Stuffing

Fish from £2.30

- Tuna Slaw & Jalapeno
- Smoked Mackerel & Horseradish
- Tuna Slaw & Jalapeno
- Smoked Mackerel & Horseradish
- Prawn Salad & Marie Rose
- Sweet Chilli Prawn
- Tuna Mayo & Baked Chicken
- Tuna Mayo & Baked Chicken

Vegetarian from £2.20

- Smoked Cheddar & Chutney
- Onion Bhaji & Mango Chutney
- Feast Egg Mayo
- Quorn Ham Deli
- Cheese, Slaw & Jalapeno
- Mature Cheddar Ploughman
- Wensleydale & Chutney
- Brie & Cranberry
- Houmous Salad
- Tex-Mex Veggie

Salads

Our layered salads are crammed full of fresh veggies and topped with a layer of pasta. Choose from our selection below or make a request and we're happy to make whatever you want !

Salad Boxes - Large £3.25 Medium £2.50

- Chicken & Bacon
- Prawn Cocktail
- Cajun Chicken
- Tuna & Capers
- Feta
- Mackerel & Horseradish

Bagels, Baguettes & Ciabatta

We bake off our baguettes and ciabatta daily so they're fresh from the oven before we stuff them full of homemade fillings. Then we stick them in the chillers for you to grab and go.

Bagels - £2.90

- Triple Meat Deli
- Chicken, Pesto & Mozzarella
- Smoked Salmon & Cream Cheese
- Tuna & Tabasco

Baguettes - £2.90

- Ham & Swiss Cheese
- Tuna Mayo
- Brie & Bacon
- B.L.T.
- Prawn Cocktail
- Cheddar, Slaw & Jalapeno
- Sweet Chilli Chicken

Ciabatta - £2.90

- Mozzarella and Basil
- Feta and Olives
- Tuna Marinara
- Peri Peri Chicken

Smoothies

We make our smoothies from scratch by sticking fruit and juice in a cup and then, on you're instructions, we blend with ice and extra apple juice. We do several varieties, all of which are 100% natural ingredients.

12 oz Regular £2.00

Sweet Stuff

We make and bake all our cakes and desserts on the premises. Choose from:- Brownies, Lemon Drizzle, Flapjack, Cheesecake Pots, Choco Crunchies plus many more.

Individually portioned from £1.35

Hot Drinks

Cappuccino / Latte / Americano / Mocha

Serving the finest espresso based coffees using high quality beans from Brazil, Ethiopia and Indonesia - roasted here in Yorkshire. Our blend is a dark roast, low in acidity and full in body with an earthy flavour that leaves a pleasant after taste.

Hot Chocolate / Chai Latte / Treats

We use Zuma Hot Chocolate – the best on the market made from 25% cocoa powder, its smooth and sweet like a quality chocolate bar.

As an alternative to coffee, we offer a spiced chai latte, blended from black tea, ginger and cinnamon and made with steamed milk.

For the sweet tooth we have various syrup flavours and you can add marshmallows and cream if you like.

Tea / Speciality Teas

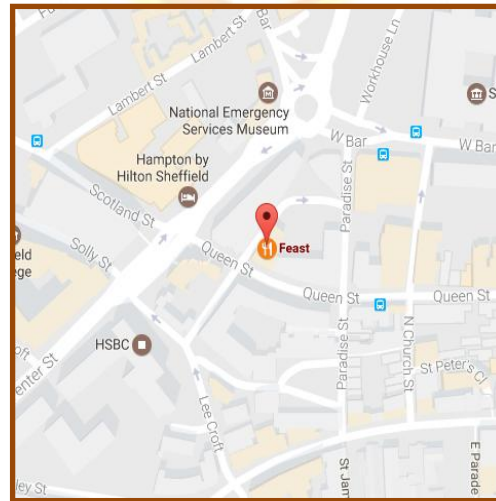
If you want a proper brew then it's got to be Yorkshire tea. We also have a selection of speciality teas such as earl grey, green tea, peppermint, red bush and various fruit teas.

Price Promise

We guarantee that all our hot drinks are at least 15% cheaper than the big chains AND there is no additional charge for extra shots.

Where to find us

From the Cathedral in the city centre, walk down the hill past Campo Lane until you reach Queen Street, turn left and you'll see us on the corner just before Tenter Street.



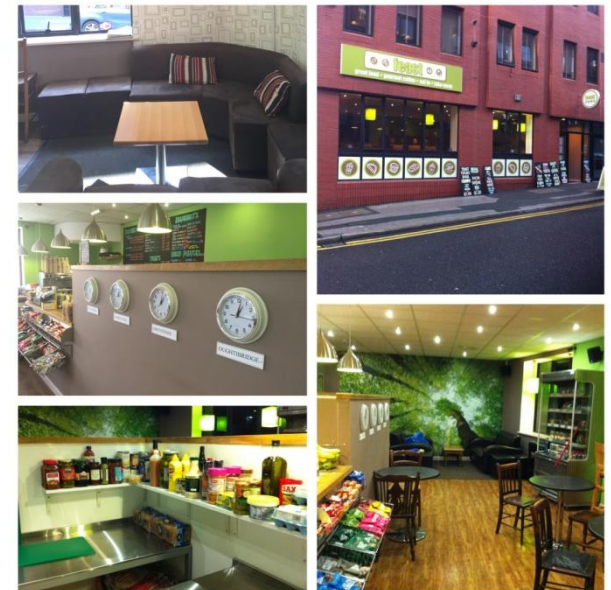
Take Away or Eat In

We freshly prepare your food in our onsite kitchen every morning then load it into the multi-deck fridges so you can grab and go without having to wait around.

With seating for up to 40 folks we also offer an oasis away from your work space. We play great music, provide free wi-fi and don't charge any extra to sit in (though HMRC insist we add VAT to any cold food)

We accept cash and cards (small fee applied per transaction)

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